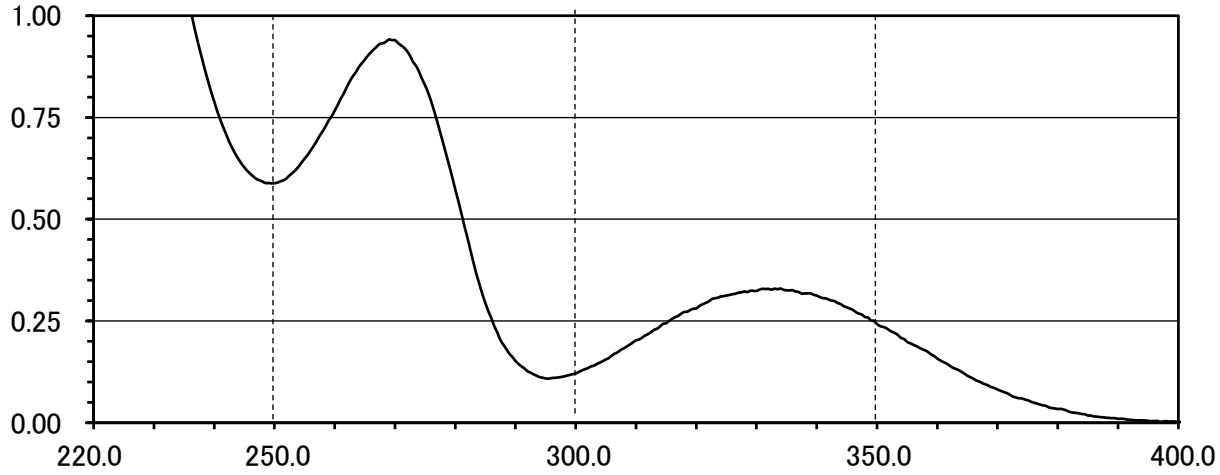シロドシン