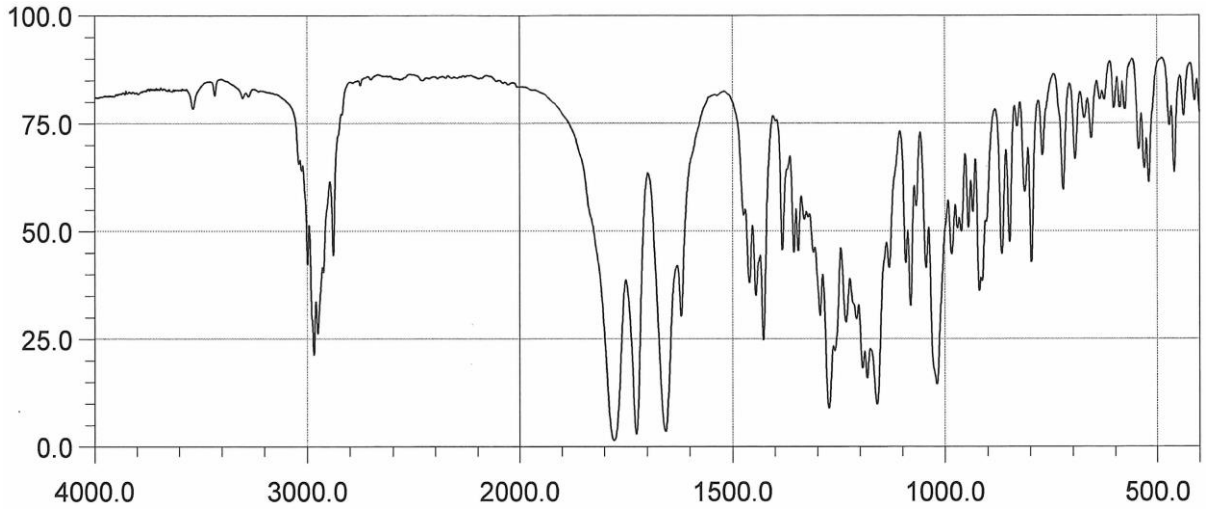エプレレノン