

## 1 Goreisan Extract

### 2 五苓散エキス

3 Goreisan Extract contains not less than 0.3 mg and not  
4 more than 1.2 mg (for preparation prescribed 1.5 g of  
5 Cinnamon Bark) or not less than 0.4 mg and not more than  
6 1.6 mg (for preparation prescribed 2 g of Cinnamon Bark)  
7 or not less than 0.5 mg and not more than 2.0 mg (for  
8 preparation prescribed 2.5 g of Cinnamon Bark) or not less  
9 than 0.6 mg and not more than 2.4 mg (for preparation  
10 prescribed 3 g of Cinnamon Bark) of (*E*)-cinnamic acid, per  
11 extract prepared with the amount specified in the Method of  
12 preparation.

### 13 Method of preparation

	1)	2)	3)	4)	5)
Alisma Tuber	5 g	6 g	6 g	4 g	6 g
Polyporus Sclerotium	3 g	4.5 g	4.5 g	3 g	4.5 g
Poria Sclerotium	3 g	4.5 g	4.5 g	3 g	4.5 g
Atractylodes Rhizome	3 g	4.5 g	4.5 g	—	—
Atractylodes Lancea Rhizome	—	—	—	3 g	4.5 g
Cinnamon Bark	2 g	2.5 g	3 g	1.5 g	3 g

15 Prepare a dry extract or viscous extract as directed under Ex-  
16 tracts, according to the prescription 1) to 5), using the crude drugs  
17 shown above.

19 **Description** Goreisan Extract occurs as a light red-brown to  
20 light brown powder, or a black-brown viscous extract. It has a  
21 characteristic odor, and a slightly sweet first, bitter, then acrid taste.

22 **Identification (1)** Weigh accurately 2.0 g of the dry extract (or  
23 6.0 g of the viscous extract), add 20 mL of water and 2 mL of  
24 ammonia solution (28), and shake. Add 20 mL of a mixture of  
25 hexane and ethyl acetate (20:1), shake, centrifuge, and separate the  
26 supernatant liquid. Add 20 mL of a mixture of hexane and ethyl  
27 acetate (20:1) to the residue, shake, centrifuge, and separate the  
28 supernatant liquid. Combine these supernatant liquids, evaporate  
29 the solvent under reduced pressure, dissolve the residue in exactly  
30 2 mL of methanol, and use this solution as the sample solution.  
31 Separately, weigh accurately 10 mg of alisol A for thin-layer chro-  
32 matography, and dissolve in exactly 10 mL of methanol. Pipet 1  
33 mL of this solution, add methanol to make exactly 50 mL, and use  
34 this solution as the standard solution. Perform the test with these  
35 solutions as directed under Thin-layer Chromatography <2.03>.  
36 Spot 2  $\mu$ L each of the sample solution and standard solution on a  
37 plate of silica gel for thin-layer chromatography. Develop the plate  
38 with a mixture of ethyl formate, water and formic acid (30:1:1) to  
39 a distance of about 7 cm, and air-dry the plate. Spray evenly 4-  
40 methoxybenzaldehyde-sulfuric acid-acetic acid TS on the plate,  
41 heat at 105°C for 5 minutes, allow to cool, and examine under  
42 ultraviolet light (main wavelength: 365 nm): one of the spot  
43 among the several spots obtained from the sample solution has the

44 same color tone and *Rf* value with the yellow fluorescent spot ob-  
45 tained from the standard solution, and it is larger and more intense  
46 than the spot from the standard solution (Alisma Tuber).

47 **(2)** (For preparation prescribed Atractylodes Rhizome)  
48 Shake 1.0 g of the dry extract (or 3.0 g of the viscous extract) with  
49 10 mL of water, add 25 mL of diethyl ether, and shake. Separate  
50 the diethyl ether layer, evaporate the solvent under reduced pres-  
51 sure, add 2 mL of diethyl ether to the residue, and use this solution  
52 as the sample solution. Separately, dissolve 1 mg of at-  
53 ractylenolide III for thin-layer chromatography in 2 mL of metha-  
54 nol, and use this solution as the standard solution. Perform the test  
55 with these solutions as directed under Thin-layer Chromatography  
56 <2.03>. Spot 5  $\mu$ L each of the sample solution and standard solu-  
57 tion on a plate of silica gel for thin-layer chromatography. Develop  
58 the plate with a mixture of hexane and ethyl acetate (2:1) to a dis-  
59 tance of about 7 cm, and air-dry the plate. Spray evenly 1-naph-  
60 thol-sulfuric acid TS on the plate, heat at 105°C for 5 minutes,  
61 and allow to cool: one of the spot among the several spots obtained  
62 from the sample solution has the same color tone and *Rf* value with  
63 the red to red-purple spot obtained from the standard solution (At-  
64 ractylodes Rhizome).

65 **(3)** (For preparation prescribed Atractylodes Lancea Rhi-  
66 zome) Shake 2.0 g of the dry extract (or 6.0 g of the viscous ex-  
67 tract) with 10 mL of water, add 25 mL of hexane, and shake. Sep-  
68 arate the hexane layer, and evaporate the solvent under reduce  
69 pressure, add 0.5 mL of hexane to the residue, and use this solution  
70 as the sample solution. Perform the test with this solution as di-  
71 rected under Thin-layer Chromatography <2.03>. Spot 20  $\mu$ L of  
72 the sample solution on a plate of silica gel with fluorescent indi-  
73 cator for thin-layer chromatography. Develop the plate with a mix-  
74 ture of hexane and acetone (7:1) to a distance of about 7 cm, and  
75 air-dry the plate. Examine under ultraviolet light (main wave-  
76 length: 254 nm): a dark purple spot appears at the *Rf* value of about  
77 0.5, and this spot shows greenish brown color after being sprayed  
78 evenly with 4-dimethylaminobenzaldehyde TS for spraying,  
79 heated at 105°C for 5 minutes and allowed to cool (Atractylodes  
80 Lancea Rhizome).

81 **(4)** Perform the test according to the following (i) or (ii). (Cin-  
82 namon Bark)

83 (i) Put 10 g of the dry extract (or 30 g of the viscous extract) in  
84 a 300-mL hard-glass flask, add 100 mL of water and 1 mL of sili-  
85 cone resin, connect the apparatus for essential oil determination,  
86 and heat to boil under a reflux condenser. The graduated tube of  
87 the apparatus is to be previously filled with water to the standard  
88 line, and 2 mL of hexane is added to the graduated tube. After  
89 heating under reflux for 1 hour, separate the hexane layer, and use  
90 the layer as the sample solution. Separately, dissolve 1 mg of (*E*)-  
91 cinnamaldehyde for thin-layer chromatography in 1 mL of metha-  
92 nol, and use this solution as the standard solution. Perform the  
93 test with these solutions as directed under Thin-layer Chromatog-  
94 raphy <2.03>. Spot 50  $\mu$ L of the sample solution and 2  $\mu$ L of the  
95 standard solution on a plate of silica gel for thin-layer chromatog-  
96 raphy. Develop the plate with a mixture of hexane, diethyl ether

97 and methanol (15:5:1) to a distance of about 7 cm, and air-dry the  
98 plate. Spray evenly 2,4-dinitrophenylhydrazine TS on the plate:  
99 one of the spot among the several spots obtained from the sample  
100 solution has the same color tone and  $R_f$  value with the yellow-  
101 orange spot obtained from the standard solution.

102 (ii) Shake 2.0 g of the dry extract (or 6.0 g of the viscous extract)  
103 with 10 mL of water, add 5 mL of hexane, and shake. Centrifuge  
104 this solution, and use the supernatant liquid as the sample solution.  
105 Separately, dissolve 1 mg of (*E*)-2-methoxycinnamaldehyde for  
106 thin-layer chromatography in 1 mL of methanol, and use this so-  
107 lution as the standard solution. Perform the test with these solu-  
108 tions as directed under Thin-layer Chromatography <2.03>. Spot  
109 20  $\mu\text{L}$  of the sample solution and 2  $\mu\text{L}$  of the standard solution on  
110 a plate of silica gel for thin-layer chromatography. Develop the  
111 plate with a mixture of hexane and ethyl acetate (2:1) to a distance  
112 of about 7 cm, and air-dry the plate. Examine under ultraviolet  
113 light (main wavelength: 365 nm): one of the spot among the sev-  
114 eral spots obtained from the sample solution has the same color  
115 tone and  $R_f$  value with the blue-white fluorescent spot obtained  
116 from the standard solution.

117 **Purity (1) Heavy metals <1.07>** — Prepare the test solution  
118 with 1.0 g of the dry extract (or an amount of the viscous extract,  
119 equivalent to 1.0 g of the dried substance) as directed under the  
120 Extracts (4), and perform the test (not more than 30 ppm).

121 **(2) Arsenic <1.11>** — Prepare the test solution with 0.67 g of  
122 the dry extract (or an amount of the viscous extract, equivalent to  
123 0.67 g of the dried substance) according to Method 3, and perform  
124 the test (not more than 3 ppm).

125 **Loss on drying <2.41>** The dry extract: Not more than 10.0% (1  
126 g, 105°C, 5 hours).

127 The viscous extract: Not more than 66.7% (1 g, 105°C, 5 hours).

128 **Total ash <5.01>** Not more than 10.0%, calculated on the dried  
129 basis.

130 **Assay** Conduct this procedure using light-resistant vessels.  
131 Weigh accurately about 0.5 g of the dry extract (or an amount of  
132 the viscous extract, equivalent to about 0.5 g of the dried sub-  
133 stance), add exactly 50 mL of diluted methanol (1 in 2), shake for  
134 15 minutes, filter, and use the filtrate as the sample solution. Sep-  
135 arately, weigh accurately about 10 mg of (*E*)-cinnamic acid for  
136 assay, and dissolve in diluted methanol (1 in 2) to make exactly  
137 100 mL. Pipet 10 mL of this solution, add diluted methanol (1 in  
138 2) to make exactly 100 mL, and use this solution as the standard  
139 solution. Perform the test with exactly 10  $\mu\text{L}$  each of the sample  
140 solution and standard solution as directed under Liquid Chroma-  
141 tography <2.01> according to the following conditions, and deter-  
142 mine the peak areas,  $A_T$  and  $A_S$ , of (*E*)-cinnamic acid in each solu-  
143 tion.

$$144 \quad \text{Amount (mg) of (E)-cinnamic acid} \\ 145 \quad = M_S \times A_T / A_S \times 1 / 20$$

146  $M_S$ : Amount (mg) of (*E*)-cinnamic acid for assay taken

147 **Operating conditions** —

148 Detector: An ultraviolet absorption photometer (wavelength:  
149 273 nm).

150 Column: A stainless steel column 4.6 mm in inside diameter and  
151 15 cm in length, packed with octadecylsilanized silica gel for  
152 liquid chromatography (5  $\mu\text{m}$  in particle diameter).

153 Column temperature: A constant temperature of about 40°C.

154 Mobile phase: A mixture of water, acetonitrile and phosphoric  
155 acid (750:250:1).

156 Flow rate: 1.0 mL per minute (the retention time of (*E*)-  
157 cinnamic acid is about 12 minutes).

158 **System suitability** —

159 System performance: When the procedure is run with 10  $\mu\text{L}$  of  
160 the standard solution under the above operating conditions, the  
161 theoretical plates and the symmetry factor of the peak of (*E*)-  
162 cinnamic acid are not less than 5000 and not more than 1.5,  
163 respectively.

164 System repeatability: When the test is repeated 6 times with 10  
165  $\mu\text{L}$  of the standard solution under the above operating conditions,  
166 the relative standard deviation of the peak area of (*E*)-cinnamic  
167 acid is not more than 1.5%.

168 **Containers and storage** Containers — Tight containers.