

# Overview of PMDA Review Process including Radiopharmaceuticals

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# Outline

- **What are Radiopharmaceuticals?**
- **Review Process of Diagnostic Radiopharmaceuticals in Japan**
- **Points to Consider in the Review of Diagnostic Radiopharmaceuticals**

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- Review Process of Diagnostic Radiopharmaceuticals in Japan
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# What are Radiopharmaceuticals?

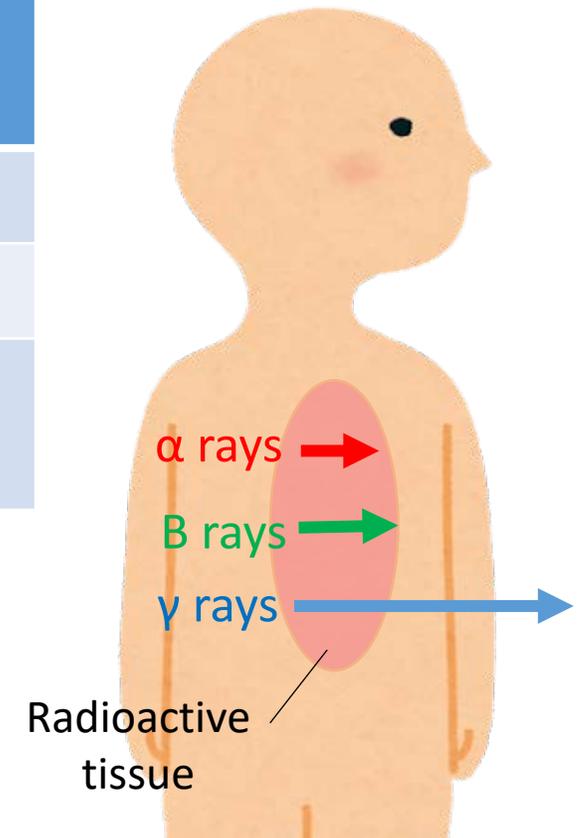
- Drugs that have radioisotopes (RI) as a structural element and emit radiation
- Used for diagnosis and treatment of disease



# What are Radiopharmaceuticals?

- Three types of radiation are used for radiopharmaceuticals.

	Penetrating power	Half-life	Main nuclides
<b><math>\alpha</math> rays</b>	Low	Long	$^{223}\text{Ra}$
<b><math>\beta</math> rays</b>	$\updownarrow$	$\updownarrow$	$^{131}\text{I}$ , $^{177}\text{Lu}$ , $^{90}\text{Y}$
<b><math>\gamma</math> rays</b>	High	Short	$^{18}\text{F}$ , $^{81\text{m}}\text{Kr}$ , $^{99\text{m}}\text{Tc}$ , $^{123}\text{I}$ , $^{111}\text{In}$ , $^{201}\text{Tl}$ , $^{67}\text{Ga}$ ,



# What are Radiopharmaceuticals?

- Because radiopharmaceuticals have short half-lives, some radiopharmaceuticals need to be radiolabelled in the hospital using a radionuclide generator or cyclotron just before use.

## Radionuclide Generator

Devices that contain parent nuclides with long half-life (e.g.  $^{81}\text{Rb}$ ). The daughter nuclides (e.g.  $^{81\text{m}}\text{Kr}$ ) decayed from the parent nuclides can be obtained using the eluates.



※写真はイメージです

Nihon Medi-Physics Co., Ltd. Krypton ( $^{81\text{m}}\text{Kr}$ ) generator  
[https://www.nmp.co.jp/member/list/02\\_08.html](https://www.nmp.co.jp/member/list/02_08.html)

## Cyclotron

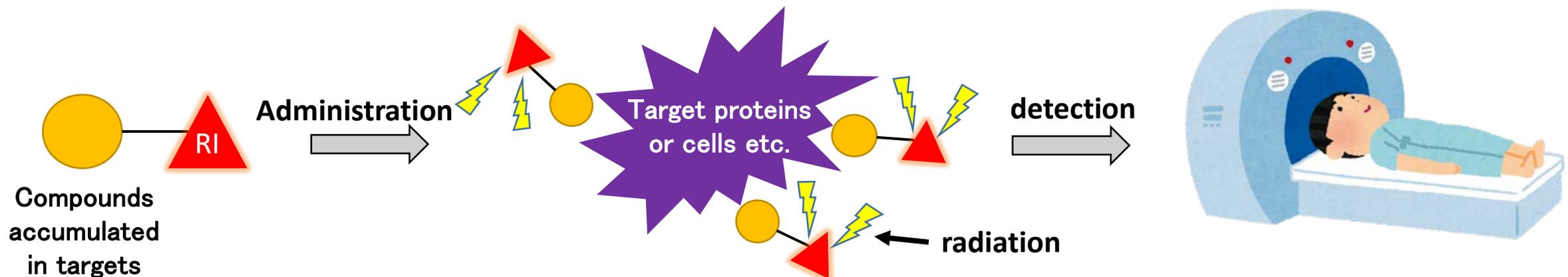
Devices that produce the nuclides by causing a nuclear reaction.



Sumitomo Heavy Industries, Ltd. PET Cyclotron System  
<https://www.shi.co.jp/products/machinery/cyclotron/index.html>

# Diagnostic Radiopharmaceuticals

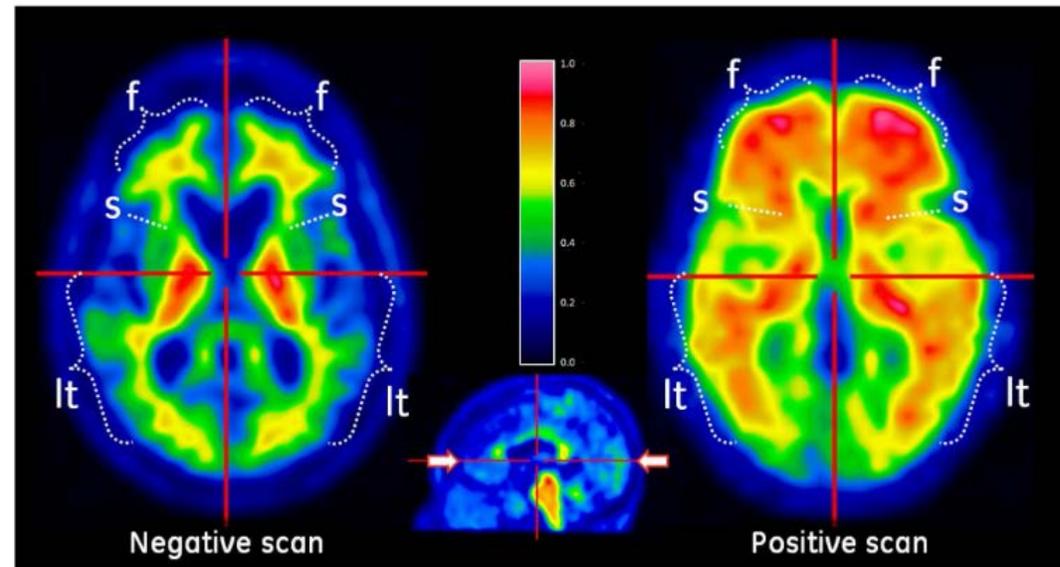
- Radiopharmaceuticals used for diagnosis
- Clinical diagnosis is performed by detecting radiation emitted from RI bound to compounds accumulated in targets and examining its distribution.
- Nuclides with the following characteristics are often used:
  - High-penetrating  $\gamma$  rays are emitted to make radiation detectable from outside the body.
  - A half-life is short to minimize radiation exposure during diagnostics.



# Example of Diagnostic Radiopharmaceuticals

## VIZAMYL

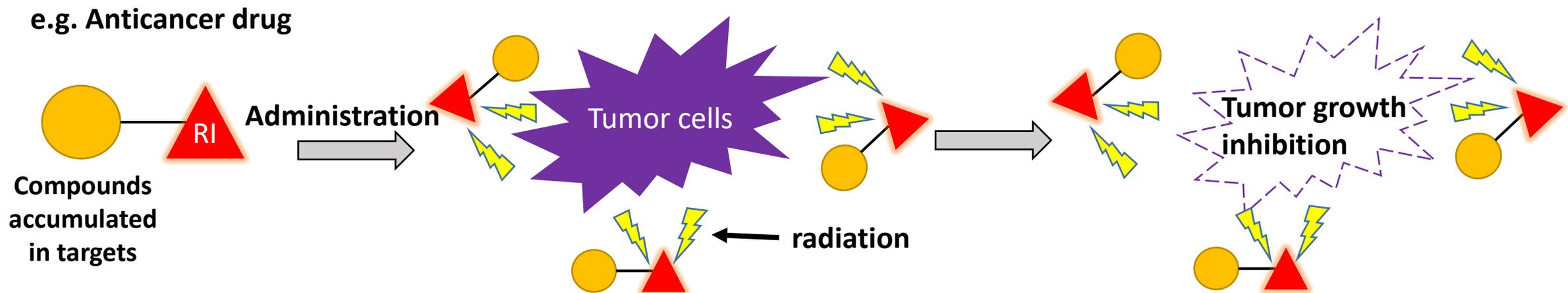
- Overview: A diagnostic agent aimed at visualizing A $\beta$  plaques in the brain  
Flutemetamol, which specifically binds to A $\beta$ , is labeled with  $^{18}\text{F}$
- Nuclide :  $^{18}\text{F}$
- Radiation type:  $\gamma$  rays
- Half-life: 109.8 minutes



Application Summary of VIZAMIL

# Therapeutic Radiopharmaceuticals

- Radiopharmaceuticals used for treatment
- The mechanism of action for radiopharmaceutical therapy is radiation-induced killing of cells.
- Nuclides with the following characteristics are often used :
  - Low-penetrating  $\alpha$  or  $\beta$  rays are emitted to minimize exposure outside the target
  - A half-life is longer than that of the nuclides used in diagnostic radiopharmaceuticals



# Example of Therapeutic Radiopharmaceuticals

## LUTATHERA Intravenous

- Overview : Anticancer drug targeting neuroendocrine tumors expressing somatostatin receptors  
Somatostatin analogues that bind to somatostatin receptors are labeled with  $^{177}\text{Lu}$ .  
The  $\beta$ -rays emitted from  $^{177}\text{Lu}$  damage the tumor cells, inhibiting tumor growth.
- Nuclide :  $^{177}\text{Lu}$
- Radiation type:  $\beta$  rays (and  $\gamma$  rays)
- Half-life: 6.64 days



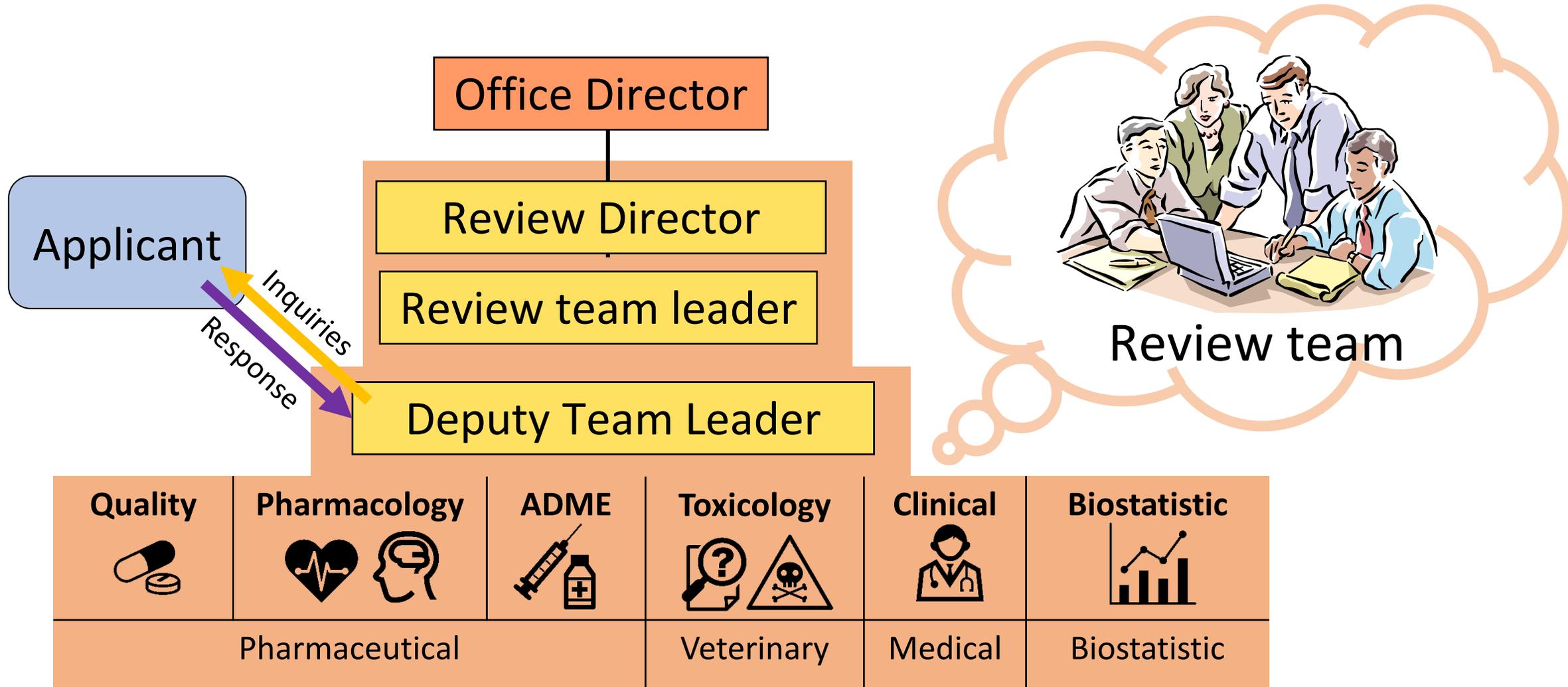
# Review Categories of New Drugs in PMDA

Office	Review Category	Products
Office of New Drug I	Team 1 Team 6-2	Gastrointestinal drugs, Dermatologic drugs Hormone drugs, Drugs for metabolic disorders
Office of New Drug II	Team 2 Team 5 Radiopharmaceuticals In vivo diagnostics	Cardiovascular drugs, Antiparkinsonian drugs, Antithrombotic, Anti-Alzheimer's drugs Reproductive system drugs, Drugs for urogenital system, combination drugs Radiopharmaceuticals Contrast media
Office of New Drug III	Team 3-1 Team 3-2	Central/peripheral Nervous system drugs (excluding anesthetic drugs) Anesthetic drugs, Sensory organ drugs (excluding drugs for inflammatory diseases), Narcotics
Office of New Drug VI	Team 4 Anti-AIDS drugs Team 6-1	Antibacterial drugs, vermifuge, Antifungal drugs, Antiviral drugs (excluding AIDS drugs) Anti-HIV agents Respiratory tract drugs, Anti-allergy drugs (excluding dermatologic drugs), Sensory organ drugs for inflammatory diseases
Office of New Drug V	Oncology drugs	Antineoplastic drugs
Office of Cellular and Tissue-based Products	Bio-CMC Cellular and tissue-based products Gene therapy products	Quality of biologics, Biosimilars Cellular and tissue-based products Quality and safety of gene therapy products
Office of Vaccines and Blood Products	Vaccines Blood products	Vaccines, Antitoxic serum Globulin, blood coagulation factor products

# Outline

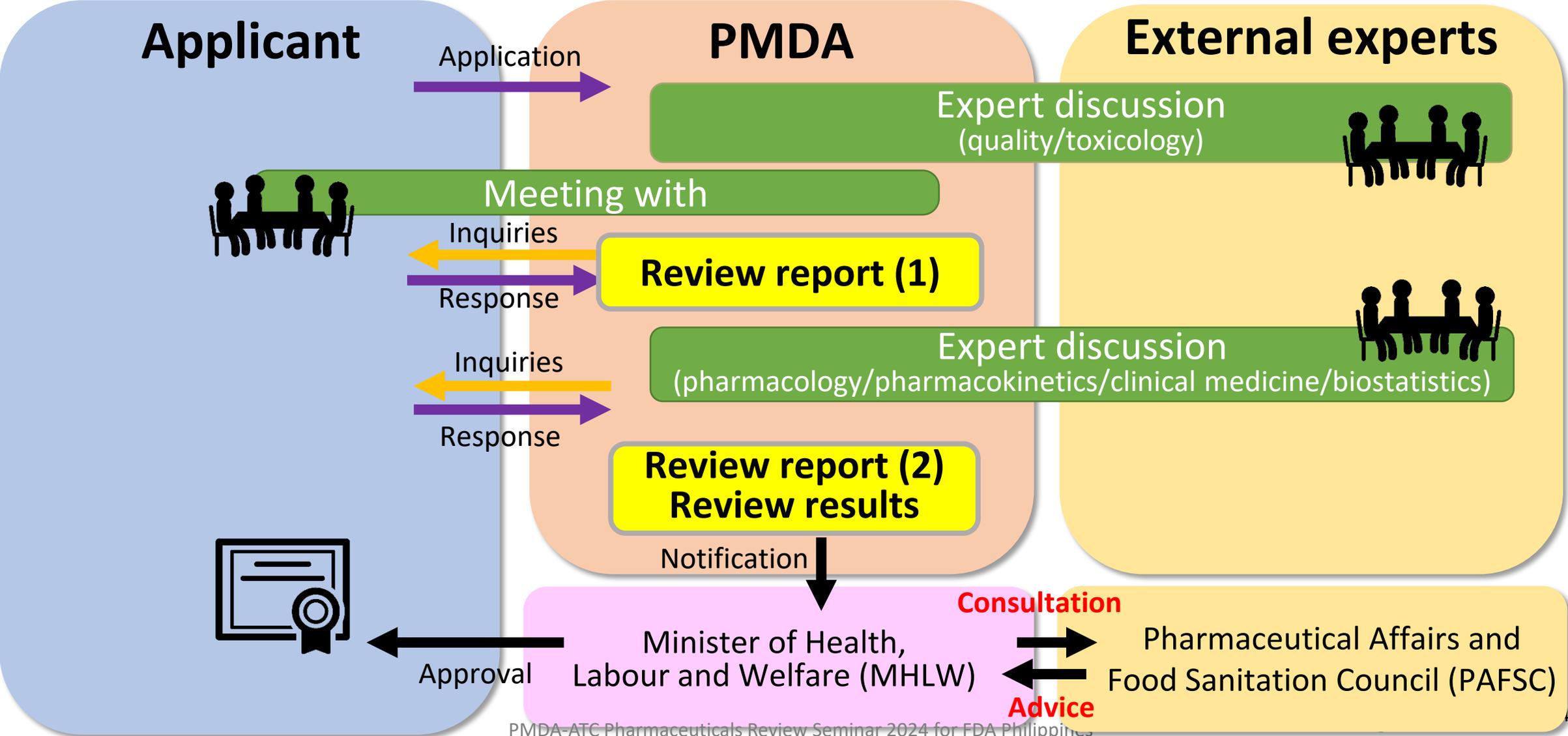
- What are Radiopharmaceuticals?
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# Review Team for New Drug

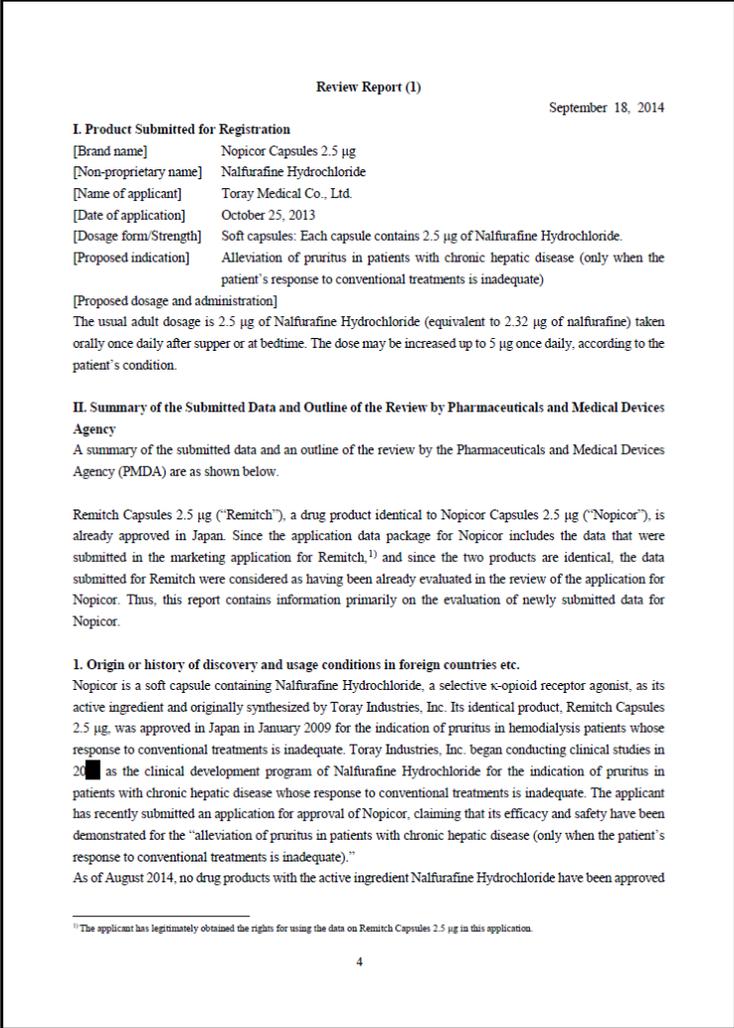


# Review Process of MAA\* for New Drugs in Japan

\* : marketing authorization application



# Review Report Format



1. Origin or History of Discovery, **Use in Foreign Countries** , and Other Information
2. Data Relating to **Quality** and Outline of the Review Conducted by PMDA
3. **Non-clinical Pharmacology** and Outline of the Review Conducted by PMDA
4. **Non-clinical Pharmacokinetics** and Outline of the Review Conducted by PMDA
5. **Toxicity** and Outline of the Review Conducted by PMDA
6. Summary of Biopharmaceutic Studies and Associated Analytical Methods, **Clinical Pharmacology** , and Outline of the Review Conducted by PMDA
7. **Clinical Efficacy and Safety** and Outline of the Review Conducted by PMDA
8. Results of **Compliance** Assessment Concerning the Application Data and Conclusion Reached by PMDA
9. **Overall Evaluation** during Preparation of the Review Report (1)

# Review Report (1)

- The review team summarizes its review process and considerations before expert discussion (pharmacokinetics/clinical medicine/biostatistics).
- A review report consists of two parts:
  - Summary of the submitted data
  - Outline of the review by PMDA
- Based on the report, the review team clarifies discussion points for the expert discussion.

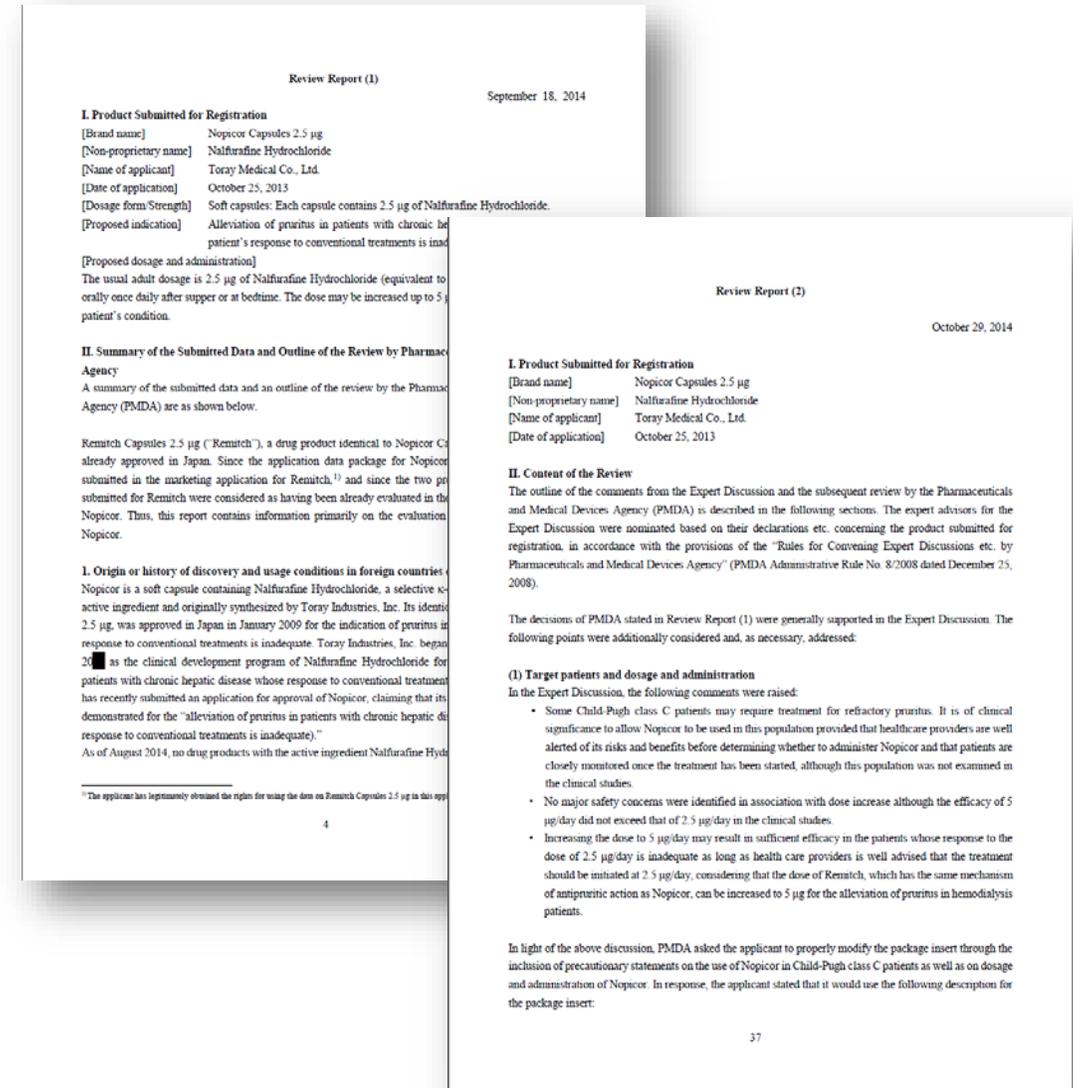
## Review Report (2)

- The review team summarizes results of the expert discussion and the applicant's plan for post-marketing risk management.
- The review team states PMDA's final conclusion about whether the product is approvable.

# Publish the Review Reports

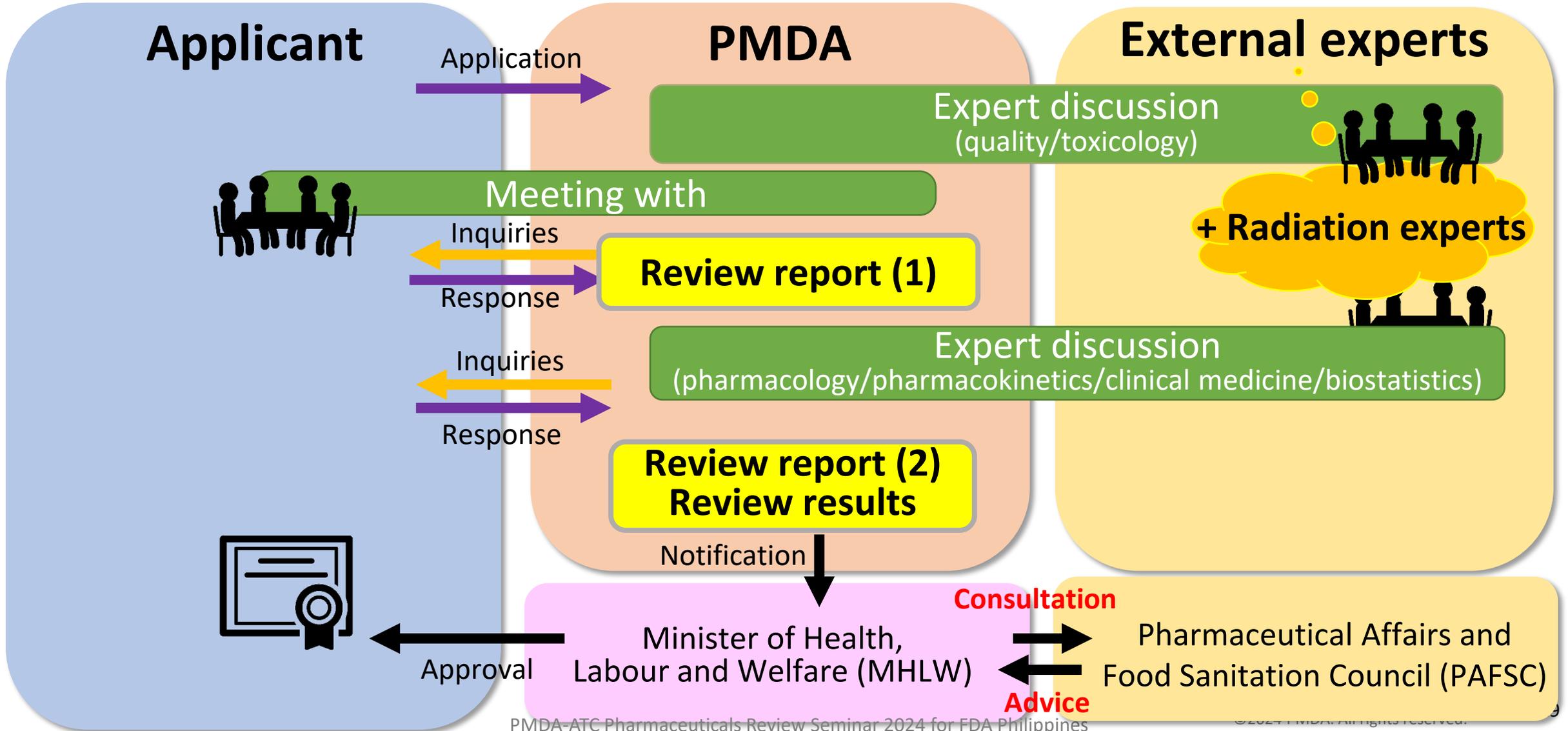
Review reports can be found at  
<https://www.pmda.go.jp/PmdaSearch/iyakuSearch/>

Some of the reports have been translated in English  
<http://www.pmda.go.jp/english/review-services/reviews/approved-information/drugs/0001.html>



# Review Process of MAA\* for Diagnostic Radiopharmaceuticals in Japan

\* : marketing authorization application



# Review Process of Diagnostic Radiopharmaceutical in Japan

- For a radiopharmaceutical with a new active ingredient, “The Minimum Requirements of Radiopharmaceuticals” are established in parallel with the approval review.

## ○What are “The Minimum Requirements of Radiopharmaceuticals” ?

- Standards that compile the manufacturing methods, properties, quality, storage, etc. of radiopharmaceuticals approved in Japan.
- Radiopharmaceuticals are designated as drugs that require special care under Japanese law, and minimum standards are set and published for each item.

# Outline

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# Characteristics of Diagnostic Radiopharmaceuticals

- Diagnostic agents in which RI is bound to compounds that accumulate on a target. After administration to a human, the radiation emitted from the RI is detected by a PET scan or other means, and the distribution is examined to enable diagnostic imaging.
- Single dose administration
- Basically, the dosage is a microdose.

These characteristics must be taken into consideration when developing and reviewing diagnostic radiopharmaceuticals.

# Guideline

- In Japan, the following guideline is used as reference in the development and review of diagnostic radiopharmaceuticals.
  - **Guideline for clinical evaluation of diagnostic radiopharmaceuticals**
    - Guideline summarizing non-clinical test items and the planning, implementation and evaluation methods of clinical trials required for the development of diagnostic radiopharmaceuticals

# Quality and Clinical/Non-Clinical Review

## Quality Review

- In manufacturing process and quality control, consideration of radioactivity decay due to short half-life is required.

## Clinical/Non-clinical Review

- An evaluation based on the characteristics of diagnostic radiopharmaceuticals is required.
- Diagnostic radiopharmaceuticals are evaluated from two perspectives:
  - Appropriate test performance must be obtained.
  - Patients obtain tangible benefits from the diagnosis.

Each point will be explained in detail in the following lectures.

# Take-Home Message

- **Radiopharmaceuticals are used for the diagnosis and treatment of diseases.**
- **The review process for diagnostic radiopharmaceuticals is the same as that for general new drugs.**
- **For a radiopharmaceutical with a new active ingredient, the Radiopharmaceuticals Standards is established in parallel with the approval review.**
- **There are several points to consider in the review that are based on the characteristics of diagnostic radiopharmaceuticals.**

Thank you

# Q&A